

Native Women's Journey to Wellness
1st Regional conference
Friday, May 2, 2008
Hilton Garden Inn
3720 North Reserve Street, Missoula Mt.

7:30- 8:00 am	Registration/view exhibits/display	
8:00- 8:05 am	Traditional Opening Prayer	Kitty Felix BSW
8:05- 8:15 am	Welcome and Introductions Brief history of MAIWHC partnering with MBCHP to open doors providing access to outreach, education, screening and treatment.	LeeAnn Johnson MPH
8:15-10:30 am	"Together Our Voices can Speak for Those Who are Silent" Ensure that we all have knowledge and skills to strengthen our communities. Janet Robideau, Executive Director Indian People's Action of MT	
10:30 –10:45 am	Break	
10:45-11:30 am	The Courage to Jump into the Deep End of the Pool! The Importance and Value of your Community Health: Defined by the actions and behaviors of you as leaders in your communities. Janet Robideau	
11:30 – 1:00 pm	Plated Lunch "Laughter is good medicine"	Mike Beers
1:00 – 1:30 pm	Susan G. Komen of Montana	Cindy Briggs PhD, CFRE Executive Director
1:30 – 3:00 pm	Leading through Change: Owning our Health and Wellness Gaining insight into the value of health to enjoy a healthy Lifestyle Maxine Janis RDH, MPH	
3:00 – 3:15 pm	Break	
3:00 – 3:30 pm	The Gift we Give Ourselves! Breast self exam, clinical breast exam and yearly mammogram	Martha Spotted Eagle, RN, BSN
3:30 – 4:30 pm	Amazing Team Work: Community activities related to health promotion and wellness!!!! Panel Kitty Felix and Intertribal Wellness Council	
4:30 - 5:00 pm	Conference Evaluation (Grand prize) Traditional closing prayer	Carmel Garnett Tribal Elder